# EXETER HOUSE SCHOOL I can learn, you can have friends, we can grow together

## **Family Support Worker**

## Bringing up families can be difficult, and all families need help sometimes

### Helping you to help your child

A Family Support Worker works in partnership with parents and the schools their children attend. Like many parents you want the best for your child, but sometimes it's hard to know what is best for your child and how to access it. As a Family Support Worker I don't claim to have all the answers, but I might be able to help you find the right advice, help or support...



My name is George Cooper and I am the Family Support Worker at Exeter House School. I can offer help and support to parents about any worries that may be causing concern for you or your child during their time at school.

Maybe your child is having challenging behaviours that you would like support with, it could be as a family you are experiencing difficulties. I will be working closely with school, but as a Family Support Worker I am not a member of the teaching staff.

I can provide confidential support, guidance and information about services in the local area or perhaps you need help talking to your child's teacher or school.

So, how can I help?

- Provide a listening ear for your worries.
- Help you talk to your child's teacher and other staff at school.
- Accessing respite.
- Gain access to information about other difficulties you may have such as money worries, relationships, health, behavior issues and more.
- Family learning and parent workshops.
- Support with form filling, attending meetings and appointments.
- SEN Parent/Carers Coffee Mornings.
- Offer home visits.
- Links with other professionals who can offer support.



#### Contact details:

George Cooper, Family Support Worker Available Mon-Thurs term time from 8am until 4.30pm

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